








## Clean Catch Urine Instructions:

All urine specimens must be returned to the lab within 24 hours of collection.  
Urine must be refrigerated after collection.

The specimen must be labeled with:

- Patient Name
- Date of Birth
- Collection Date and Time

<p><b>Women</b> →</p> 	<p><b>1 Wash hands</b></p> 
<p><b>2 Open cup pack</b></p> 	<p><b>3 Open wipes</b></p> 
<p><b>4 Clean 3 times (use each wipe)</b></p> <p>Wipe front to back</p> 	<p><b>5 Start to urinate in toilet</b></p> 
<p><b>6 Place cup in urine flow</b></p> 	<p><b>7 Give to nurse</b></p> 