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Applicability	Piedmont Athens Regional

Lab Specimen Collection Manual - Urine, Clean Catch

Clean Catch Urine Collection

INSTRUCTIONS FOR MID-STREAM URINE COLLECTION:

- Wash hands
- Remove cleansing towelette. Cleanse perineal / genital area with towelette with
 - Females: Separate folds of urinary opening with thumb and forefinger and cleanse area between fold with towelette, using downward strokes only. Keep folds separated during urination into urine container.
 - Males: Clean head of penis.
- Remove lid from specimen container. DO NOT TOUCH INSIDE OF CONTAINER OR LID
- Begin urination into toilet. As urination continues, bring collection device into the stream. Fill container half full
- Label container (not the lid) with appropriate patient information
 - Patient Name
 - Date of Birth or Hospital Patient MRN/ID #
 - Date / Time of Collection
 - Collector's initials
- If using electronic handheld device, scan labeled sample to complete collection process. If not using electronic handheld device, complete collection in the computer system.
- Send specimen to Laboratory immediately.

All Revision Dates

1/14/2020

Approval Signatures

Step Description

Approver

Date

Raford Rogers: MD

2/17/2025

Applicability

Piedmont Athens Regional

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