

## 95536.5057 Sputum Collection Patient Instructions - English

Copy of version 1.0 (approved and current)

**Last Approval or  
Periodic Review Completed** 12/17/2025

**Next Periodic Review  
Needed On or Before** 12/17/2026

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**Organization** LGH Main Lab - Lancaster General Hospital

### Approval and Periodic Review Signatures

Type	Description	Date	Version	Performed By	Notes
Approval	Remote Laboratory Manager	12/17/2025	1.0	<i>Leah Nady</i> Leah Nady	
Approval	Lab Testing Liaison-Manager Remote Services and Outreach	12/17/2025	1.0	<i>Leah Nady</i> Leah Nady	

Signatures from prior revisions are not listed.

### Version History

Version	Status	Type	Date Added	Date Effective	Date Retired
1.0	Approved and Current	Initial version	12/17/2025	12/18/2025	Indefinite

### Linked Documents

- 95536.4870 Xpert MTB-RIF
- 95536.5058 Sputum Collection Patient Instructions - Spanish

Sputum Collection Patient Instructions - English

95536.50571.0  
12/18/2025

## TITLE: SPUTUM COLLECTION PATIENT INSTRUCTIONS - ENGLISH

### \*DO NOT TOUCH THE INSIDE OF THE CONTAINER\*

1. To ensure the mouth is free of foreign matter, rinse mouth with water prior to collection.
2. Sitting in an upright position for specimen collection.
3. Take a slow deep breath.
4. Cough after full breath in (inhalation).
5. Spit sputum directly into the sterile specimen container.
6. Repeat Steps above until sputum quantity reaches a minimum of the 5 mL line on the collection container.
7. Place lid tightly on container so it does not leak.
8. Ensure your name, date of birth, collection time and date are labeled on the container.
9. Place the sample into the biohazard bag.
10. Return the sample to the lab date of collection.

#### Reference:

1. Skills: Specimen Collection: Sputum (Ambulatory) - CE/NCPD
2. Xpert MTB/RIF