

95536.996 Stool Sample Collection - English

Copy of version 3.3 (approved and current)

**Last Approval or
Periodic Review Completed** 2/13/2026

**Next Periodic Review
Needed On or Before** 2/13/2027

Effective Date 2/13/2026

Controlled Copy ID 597122

Location Lab Test Directory

Organization LGH Main Lab - Lancaster General Hospital

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Description

Approval and Periodic Review Signatures

| Type | Description | Date | Version | Performed By | Notes |
|-----------------|--|-----------|---------|---|-------|
| Periodic review | Lab Testing Liaison-Manager Remote Services and Outreach | 2/13/2026 | 3.3 | <i>Leah Nady</i> Leah Nady | |
| Periodic review | Remote Laboratory Manager | 2/13/2026 | 3.3 | <i>Leah Nady</i> Leah Nady | |
| Approval | Manager Ambulatory Laboratory Testing | 5/13/2025 | 3.0 | <i>Antoine Estevez</i> Antoine Estevez | |

Signatures from prior revisions are not listed.

Approvals and periodic reviews that occurred before this document was added to Document Control may not be listed.

Version History

| Version | Status | Type | Date Added | Date Effective | Date Retired |
|---------|----------------------|----------------|------------|----------------|--------------|
| 3.3 | Approved and Current | Minor revision | 2/13/2026 | 2/13/2026 | Indefinite |
| 3.2 | Retired | Minor revision | 2/6/2026 | 2/6/2026 | 2/13/2026 |
| 3.1 | Retired | Minor revision | 10/24/2025 | 10/24/2025 | 2/6/2026 |
| 3.0 | Retired | Major revision | 5/13/2025 | 5/13/2025 | 10/24/2025 |

Linked Documents

- 95536.952 Stool Collection Procedure

Stool Sample Collection - English

95536.9963.3

2/13/2026

TITLE: STOOL SAMPLE COLLECTION - ENGLISH

READ THIS BEFORE COLLECTING A STOOL SAMPLE:

- Cover the toilet bowl under the seat with plastic wrap.
- Make sure the sample does not mix with urine to avoid contamination.
- With the help of a disposable spoon or Popsicle stick take the stool sample and place it in the container. Make sure the lids are secure.
- Label all containers with your NAME; DATE OF BIRTH; DATE AND TIME OF COLLECTION
- Place the container in plastic bags and deliver to the lab.

INSTRUCTIONS FOR STOOL SAMPLE COLLECTION

| TEST | TYPE OF COLLECTION CONTAINER | STOOL SAMPLES | INSTRUCTIONS | PROCESS TIME |
|------------------------|------------------------------|--|--|--|
| Clostridium Difficile | Sterile | Liquid stool only a few tablespoons in container | Refrigerate sample | Deliver sample to the lab within 24 hours |
| Electrolytes (Na+, K+) | Clean / Non Sterile | Frozen Liquid stool only | Freeze stool immediately | Frozen stool is stable for 3 months |
| Fecal Calprotectin | Sterile | Frozen stool sample only | Freeze stool immediately | Frozen stool is stable for 28 days |
| Fecal Lactoferrin | Sterile | Stool only a few tablespoons in container | Use a disposable spoon and take a few spoon samples. | Stable at room temperature and refrigerated for 14 days. |
| Norovirus | Sterile | Stool only a few tablespoons in container | Refrigerate sample | Deliver sample to the lab within 24 hours |
| Osmolality | Clean / Non Sterile | Frozen Liquid stool only | Freeze and deliver to lab on ice | Deliver frozen sample to the lab within 48 hours |
| Qualitative Fecal Fat | Clean / Non Sterile | Frozen stool sample | Freeze immediately | Frozen stool is stable for 30 days |

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| TEST | TYPE OF COLLECTION CONTAINER | STOOL SAMPLES | INSTRUCTIONS | PROCESS TIME |
|-----------------------------------|------------------------------------|---|--|--|
| Stool Enteric Pathogens PCR Panel | Cary Blair (Yellow Cap) | Fill to line | Using the spoon/fork provided, take a small portion of the ends, middle and any bloody or mucous portions of the stool. Place enough stool in the vial until the liquid and the stool level reach the red line on the label. Shake fully to mix well, and keep at room temperature. | Deliver sample to the lab within 24 hours |
| Helicobacter Pylori Antigen | Sterile Or Cary Blair (Yellow Cap) | Stool only a few tablespoons in container | Room Temperature or Refrigerated | Room Temperature or Refrigerated for 96 hours or frozen for 14 days. |