

TITLE: STOOL SAMPLE COLLECTION - ENGLISH

READ THIS BEFORE COLLECTING A STOOL SAMPLE:

- Cover the toilet bowl under the seat with plastic wrap.
- Make sure the sample does not mix with urine to avoid contamination.
- With the help of a disposable spoon or Popsicle stick take the stool sample and place it in the container. Make sure the lids are secure.
- Label all containers with your NAME; DATE OF BIRTH; DATE AND TIME OF COLLECTION
- Place the container in plastic bags and deliver to the lab.

INSTRUCTIONS FOR STOOL SAMPLE COLLECTION

TEST	TYPE OF COLLECTION CONTAINER	STOOL SAMPLES	INSTRUCTIONS	PROCESS TIME
Clostridium Difficile	Sterile	Liquid stool only a few tablespoons in container	Refrigerate sample	Deliver sample to the lab within 24 hours
Electrolytes (Na+, K+)	Clean / Non Sterile	Frozen Liquid stool only	Freeze stool immediately	Frozen stool is stable for 3 months
Fecal Calprotectin	Sterile	Frozen stool sample only	Freeze stool immediately	Frozen stool is stable for 28 days
Fecal Lactoferrin	Sterile	Stool only a few tablespoons in container	Use a disposable spoon and take a few spoon samples.	Stable at room temperature and refrigerated for 14 days.
Norovirus	Sterile	Stool only a few tablespoons in container	Refrigerate sample	Deliver sample to the lab within 24 hours
Osmolality	Clean / Non Sterile	Frozen Liquid stool only	Freeze and deliver to lab on ice	Deliver frozen sample to the lab within 48 hours
Qualitative Fecal Fat	Clean / Non Sterile	Frozen stool sample	Freeze immediately	Frozen stool is stable for 30 days

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Quantitative Fecal Fat	Special obtain from lab Record total collection time (24, 48, or 72 hours) Patient should be on a diet including 100 grams of fat per day for 3 days prior to collection and during the collection period	Frozen stool sample in special sendout container. Mark the start date and end date on the container	Keep refrigerated during collection.	Freeze stool after collection is complete Frozen stool is stable for 28 days.
Reducing Substances	plastic leak-proof container	Frozen stool sample	Freeze immediately	Frozen stool is stable for 60 day.
Rotavirus	Clean / Non Sterile	Stool only a few tablespoons in container	Place in the refrigerator and deliver on ice to lab	Deliver on ice to the lab within 24 hours
Stool Parasite PCR	Total-Fix® (Black Cap)	Fill to line	Using the spoon/fork provided, take a small portion of the ends, middle and any bloody or mucous portions of the stool. Place enough stool in the vial until the liquid and the stool level reach the red line on the label. Shake fully to mix well, and keep at room temperature.	Deliver sample to the lab within 24 hours
Stool Enteric Pathogens PCR Panel	Cary Blair (Yellow Cap)	Fill to line	Using the spoon/fork provided, take a small portion of the ends, middle and any bloody or mucous portions of the stool. Place enough stool in the vial until the liquid and the stool level reach the red line on the label. Shake	Deliver sample to the lab within 24 hours

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Helicobacter Pylori Antigen	Sterile	Stool only a few tablespoons in container	Room Temperature or Refrigerated	Room Temperature or Refrigerated for 96 hours or frozen for 14 days.