



PATIENT INSTRUCTIONS STOOL COLLECTION

Your physician has ordered the test(s) checked or highlighted below. Please read these instructions thoroughly before you begin your collection. If you have any questions, please contact one of the Horizon Laboratory Patient Service Centers at (970) 820-6890.

Place the doctor's order in the transport or biohazard bag and write the following on each container's label:

1. NAME and DATE OF BIRTH: Last Name, First Name. Date of Birth: Month, Day, Year
2. DATE: Enter the date the specimen was collected. Month, Day, Year
3. TIME: Enter the time the specimen was collected. Include p.m. or a.m.

Samples for any of the following orders should be first collected into a clean, dry container to avoid contamination from urine and toilet paper.

☐ **Stool Bacterial Pathogens** (stool culture or stool pathogens by PCR)

Collect stool sample and add to orange top vial (Para-Pak C&S). Add stool up to red line indicated on vial label (Do not overfill). Twist the cap on tight and shake container well.

Transport to lab within 2 hours. Store sample **refrigerated**.

☐ **Stool Bacterial Pathogens** (GI PCR Panel Plus, UCH)

Collect stool sample and add to orange top vial (Para-Pak C&S). Add stool up to red line indicated on vial label (**Do not overfill**). Twist the cap on tight and shake container well. Transport to lab within 72 hours.

☐ **C. difficile**

Collect stool sample in a clean dry container. Transport to lab within 2 hours. Store sample **refrigerated**.

☐ **WBCs:**

Collect stool sample in a clean dry container. Transport to lab within 2 hours. Store sample **refrigerated**.

☐ **Ova and Parasites:**

Collect stool sample and add to the black top vial (Total Fix). Add stool up to red line indicated on vial label.

Twist the cap on tight and shake containers well. Transport to lab at **room temperature**. Stool specimens are limited to one stool specimen every 24 hours.

☐ **Giardia/Cryptosporidia:**

Collect stool sample and add to orange top vial (Para-Pak C&S). Add stool up to red line indicated on vial label. Twist cap on tight and shake container well. Transport to lab at **room temperature**.

☐ **Rotavirus:**

Collect stool sample in a clean dry container. Transport to lab within 2 hours. Store sample **refrigerated**.

☐ **Occult Blood:**

Apply a small amount of fecal specimen to the occult blood card as a thin smear using an applicator stick in on sample area. Use the other end of the same stick to obtain a sample from a different part of the feces and apply to the other sample area of the card. Keep at **room temperature** and return card(s) to lab within 1-2 days. If three cards need to be collected, sample three different bowel movements.



PATIENT INSTRUCTIONS
STOOL COLLECTION

Horizon Laboratory Patient Service Centers

Greeley

Horizon Laboratory at
Summit View Medical Commons
2001 70th Avenue
Greeley, CO 80634
Mon-Fri: 7:00 am-5 pm
Saturday: 7:00 am-Noon

Fort Collins

Horizon Laboratory at
Banner Health Center-Drake
702 W. Drake Road, Bldg A
Ft. Collins, CO 80526
Mon-Fri: 7:30 am-4:30 pm
(Closed 12:30 pm.-1:30 pm)

Horizon Laboratory at
Banner Fort Collins Medical Center
4700 Lady Moon Drive
Ft. Collins, CO 80528
Mon-Fri: 7:00 am-5 pm
Saturday: 7:00 am-Noon

Windsor

Horizon Laboratory at
Banner Health Clinic-Windsor
1300 Main Street
Windsor, CO 80550
Mon-Fri 7:30 am-4:30 pm
(Closed: 12:30 pm – 1:30 pm)

Loveland

Horizon Laboratory at
Skyline Center for Health
2555 E. 13th Street, Suite 115
Loveland, CO 80537
Mon-Fri: 7:00 am-5:00 pm
Saturday: 7:00 am-Noon

Horizon Laboratory at
Banner Health Center-SW
1230 SW 14th Street
Loveland, CO 80537
Mon-Fri: 7:30 am-4:30 pm
(Closed 12:30 pm-1:30 pm)

Sterling

Horizon Laboratory at
Banner Health Clinic-Sterling
102 Hayes Ave
Sterling, CO 80751
Mon-Fri 7:00 am-4:00 pm
(Closed 12:00 pm – 1:00 pm)

