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<u>Greeley:</u>  <b>Horizon Laboratory at Summit View Medical Commons</b> 2001 70 <sup>th</sup> Avenue Greely, CO 80634 Monday-Friday: 7:00 am-5:00 pm Saturday: 7:00 am-Noon	<u>Loveland:</u>  <b>Horizon Lab at Skyline Center</b> 2555 E. 13 <sup>th</sup> Street, Suite 115 Loveland, CO 80537 Monday-Friday: 7:00 am-5:00 pm Saturdays: 7:00 a.m. - Noon  <b>Horizon Laboratory at Banner Health Center-SW Loveland</b> 1230 SW 14 <sup>th</sup> Street Loveland, CO 80537 Monday-Friday: 7:30 am-4:30 pm (Closed 12:30 pm-1:30 pm)	<u>Fort Collins:</u>  <b>Horizon Laboratory at Banner Health Center-Fort Collins</b> 702 W. Drake Road, Bldg. A Ft. Collins, CO 80526 Monday-Friday: 7:30 am-4:30 pm (Closed 12:30 pm.-1:30 pm)  <b>Horizon Laboratory at Banner – Ft. Collins Medical Center</b> 4700 Lady Moon Drive Ft. Collins, CO 80528 Monday-Friday: 7:00 am-5:00 pm Saturday: 7:00 am-Noon	<u>Sterling</u>  <b>Horizon Laboratory at Banner Health Clinic-Sterling</b> 102 Hayes Ave Sterling, CO 80751 Monday-Friday 7:00 am-4:00 pm (Closed 12 pm – 1:00pm)  <u>Windsor:</u>  <b>Horizon Laboratory at Banner Health Clinic-Windsor</b> 1300 Main Street Windsor, CO 80550 Monday-Friday 7:30am-4:30pm (Closed 12:30 – 1:30 p.m.)
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### Planning for your Glucose Tolerance Test:

- Walk-in only; no need to schedule
- Begin test between 7 and 9 a.m.
- Any Horizon Draw site can perform this test.
- Drink only water and do not eat for 8-10 hours before the test. Gestational Screen patients do not have any restrictions.
- For your safety, we ask that you stay at the lab for the full test.
  - 1-2 hours for Gestational Diabetes Screen
  - 3-4 hours for a 2 or 3-hour Glucose Tolerance Test
- Limit your movements during the test.
- Blood will be collected at each hour.

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### What is this test?

An oral glucose tolerance test (OGTT) checks for diabetes or prediabetes. To start the test, the lab draws your blood to check your blood sugar (glucose) level. Then you will drink a liquid with a lot of sugar. The lab draws blood every hour for the next 2 to 3 hours. The answers to these test results will help your doctor identify diabetes.

### Why do I need this test?

The test is a first step in detecting prediabetes, diabetes, or gestational diabetes.

You may need this test if you have symptoms or risks for diabetes. Overweight adults ages 40 to 70 should have their blood glucose checked every 3 years. All adults should be tested for diabetes every 3 years starting at age 45. Adults with diabetes should have their blood tested more often.

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Please contact your doctor or one of the Horizon sites with any questions.