



**PATIENT INSTRUCTIONS**  
**24-HOUR URINE**  
**COLLECTION**

Your doctor has ordered a test that needs urine collected for 24 hours. This is for diagnosis of your case. Lab test results are based on the sample. The sample must be collected for a full 24 hours. The specimen must be kept refrigerated the entire time.

**Please read all these steps before you begin.** Call (970) 820-6890 with any questions.

1. Write your first and last name, date of birth, height and weight on the bottle.
2. Pick a time to start the urine collection. To start, empty bladder as much as possible and **THROW AWAY THIS SAMPLE**. Document this date and time as the Start Date and Time on the 24-hour urine bottle and in the box below.
3. Collect all urine for the next 24 hours. This includes urine before having a bowel movement.
4. Keep the sample refrigerated in between collections.
5. At the end of the 24-hours, empty bladder and pour this into the bottle.
6. Document this date and time as the End Date and Time on the 24-hour urine bottle and in the box below.
7. Bring the bottle, all papers for this order, and your insurance card to the lab as soon as possible after finishing.

**NOTES:**

- The sample cannot be contaminated with stool because this will greatly change the results.
- If for any reason a part of the urine is lost, the results will be wrong. Please start the 24 hours over.

**Please fill out the below information and return this form with sample to any Horizon Laboratory location listed on the back of this page or visit [www.horizonlaboratory.com](http://www.horizonlaboratory.com) for locations.**

Patient Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Collection Start Date \_\_\_\_\_ Collection End Date \_\_\_\_\_

Collection Start Time \_\_\_\_\_ Collection End Time \_\_\_\_\_

Patient Height \_\_\_\_\_ Patient Weight \_\_\_\_\_

Ordering Provider \_\_\_\_\_

**LAB USE ONLY:**

Total Volume \_\_\_\_\_ Total Time \_\_\_\_\_ FIN \_\_\_\_\_

# Horizon Laboratory Locations

## **Greeley**

Horizon Laboratory at  
Summit View Medical Commons  
2001 70th Avenue  
Greeley, CO 80634  
Mon-Fri: 7:00 am-5 pm  
Saturday: 7:00 am-Noon

## **Fort Collins**

Horizon Laboratory at  
Banner Health Center-Drake  
702 W. Drake Road, Bldg A  
Ft. Collins, CO 80526  
Mon-Fri: 7:30 am-4:30 pm  
(Closed 12:30 pm.-1:30 pm)

Horizon Laboratory at  
Banner Fort Collins Medical Center  
4700 Lady Moon Drive  
Ft. Collins, CO 80528  
Mon-Fri: 7:00 am-5 pm  
Saturday: 7:00 am-Noon

## **Windsor**

Horizon Laboratory at  
Banner Health Clinic-Windsor  
1300 Main Street  
Windsor, CO 80550  
Mon-Fri 7:30 am-4:30 pm  
(Closed: 12:30 pm – 1:30 pm)

## **Loveland**

Horizon Laboratory at  
Skyline Center for Health  
2555 E. 13th Street, Suite 115  
Loveland, CO 80537  
Mon-Fri: 7:00 am-5:00 pm  
Saturday: 7:00 am-Noon

Horizon Laboratory at  
Banner Health Center-SW  
1230 SW 14th Street  
Loveland, CO 80537  
Mon-Fri: 7:30 am-4:30 pm  
(Closed 12:30 pm-1:30 pm)

## **Sterling**

Horizon Laboratory at  
Banner Health Clinic-Sterling  
102 Hayes Ave  
Sterling, CO 80751  
Mon-Fri 7:00 am-4:00 pm  
(Closed 12:00 pm – 1:00 pm)

