

**PATIENT INSTRUCTIONS  
24-HOUR URINE COLLECTION**

Your doctor has ordered a test that needs urine collected for 24 hours. This is for diagnosis of your case. Lab test results are based on the sample. The sample must be collected for a full 24 hours. The specimen must be kept refrigerated the entire time.

Please read all these steps before you begin. Call one of the Banner Health numbers below for any questions.

1. Write your last and first name, date of birth, height and weight on the bottle.
2. Pick a time to start the urine collection. To start, empty bladder as much as possible and **THROW AWAY THIS SAMPLE**. Document this date and time as the Start Date and Time on the 24-hour urine bottle and in the box below.
3. Collect all urine for the next 24 hours. This includes urine before having a bowel movement.
4. Keep the sample refrigerated in between collections.
5. At the end of the 24-hours, empty bladder and **pour** this into the bottle.
6. Document this date and time as the End Date and Time on the 24-hour urine bottle and in the box below.
7. Bring the bottle and all papers for this order and your insurance card to the Lab as soon as possible after finishing.

**NOTES:**

- The sample cannot be contaminated with stool because this will greatly change the results.
- If for any reason a part of the urine is lost, the results will be wrong. Please start the 24 hours over.

**Please fill out the below information and return this form with sample to any Banner Health Laboratory location listed on the back of this page or visit [www.horizonlaboratory.com](http://www.horizonlaboratory.com) for locations.**

Patient Name \_\_\_\_\_ Date of Birth \_\_\_\_\_  
Collection Start Date \_\_\_\_\_ Collection End Date \_\_\_\_\_  
Collection Start Time \_\_\_\_\_ Collection End Time \_\_\_\_\_

Patient Height \_\_\_\_\_ Patient Weight \_\_\_\_\_

Ordering Provider \_\_\_\_\_

**LAB USE ONLY**

Total Volume \_\_\_\_\_  
Total Time \_\_\_\_\_  
FIN \_\_\_\_\_

  
**HORIZON**  
*Laboratory*

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## **Banner Health Laboratory Locations**

### **Greeley**

- Horizon Laboratory at  
Summit View Med. Commons  
2001 70th Avenue  
Greeley, CO 80634  
(970) 810-2542  
Mon-Fri: 7:00 am-5 pm  
Saturday: 7:00 am-Noon
- North Colorado Medical Center  
Outpatient Laboratory  
1801 16<sup>th</sup> St.  
Greeley, CO 80631  
(970) 810-6410  
Mon-Fri 7:00 am -6:00 pm

### **Fort Collins**

- Horizon Laboratory at  
Banner Health Center-Drake  
702 W. Drake Road, Bldg A  
Ft. Collins, CO 80526  
(970) 821-4696  
Mon-Fri: 7:30 am-4:30 pm  
(Closed 12:30 pm.-1:30 pm)
- Horizon Laboratory at  
Banner Fort Collins Medical Center  
4700 Lady Moon Drive  
Ft. Collins, CO 80528  
(970) 821-4347  
Mon-Fri: 7:00 am-5 pm  
Saturday: 7:00 am-Noon

### **Windsor**

- Horizon Laboratory at  
Banner Health Clinic-Windsor  
1300 Main Street  
Windsor, CO 80550  
(970) 810-3120  
Mon-Fri 7:30 am-4:30 pm  
(Closed: 12:30 pm – 1:30 pm)

### **Loveland**

- Horizon Laboratory at  
Skyline Center for Health  
2555 E. 13th Street, Suite 115  
Loveland, CO 80537  
(970) 820-6914  
Mon-Fri: 7:00 am-5:00 pm  
Saturday: 7:00 am-Noon
- Horizon Laboratory at  
Banner Health Center-SW  
1230 SW 14th Street  
Loveland, CO 80537  
(970) 820-3981  
Mon-Fri: 7:30 am-4:30 pm  
(Closed 12:30 pm-1:30 pm)

### **Sterling**

- Horizon Laboratory at  
Banner Health Clinic-Sterling  
102 Hayes Ave  
Sterling, CO 80751  
(970) 526-5393  
Mon-Fri 7:00 am-4:00 pm  
(Closed 12:00 pm – 1:00 pm)

